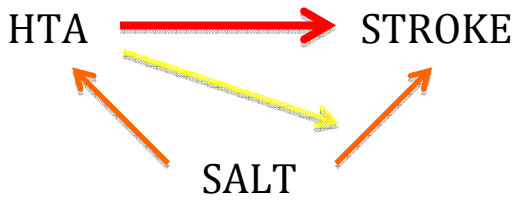
PORTUGUESE EVOLVING CONCEPTS ON HYPERTENSION
Hypertension, Salt and Stroke

Oporto, 2-3 of December 2016



CHAIRMEN OF THE COURSE : **Mesquita Bastos (PT) and Stephane Laurent** (France)

DAY 1 – MORNING

Chairmen : **Mesquita Bastos (Portugal) and Michel Burnier (Switzerland)**

09.00 – 09.15 Overture

09.15 – 09.35 - Stroke in the context of the cardiovascular disease in Portugal. Health policy challenges (20 min)
Prof Luis Martins (Portugal)

09.35 – 09.55 Salt intake and cardiovascular disease in Portugal. Sources of salt and measurements of intake intake (20 min)
Prof Jorge Polónia (Portugal)

09.55 – 10.45 Epidemiology of salt, hypertension and stroke. Salt intake in Europe and in the world, epidemiology of hypertension and stroke, experiences in salt reduction at the national level,
Prof MacGregor (United Kingdom)

10.45 – 11.15 – Coffee break

11.45 – 13.00 – Discussion and practical questions with televote

DAY 1- AFTERNOON
Chairmen : **J Polónia (Portugal) and Antonio Coca (Spain)**

14.30 – 15.15 - Salt intake, BP and kidney damage: role of the autonomic nervous system and RAAS
Prof Michel BURNIER (Switzerland)

15.15 – 16.00 - Salt intake, BP and brain damage: role of the large and small arteries
Prof Stephane LAURENT (France)

16.00 – 16.30 – Coffee break

16.30 – 18.00 - Discussion and practical questions with televote

DAY 2- MORNING

Chairmen : **Luis Martins (Portugal) and S Laurent (France)**

09.00 – 09.45 - Global cardiovascular prevention: Global approach, lifestyle changes.
Prof Enrico AGABITI-ROSEI (Italy)

09.45 – 10.30 - Pathophysiology of ischemic stroke
(To be Announced)

10.30 – 11.00 – Coffee break

11.00 – 11.45 – Stroke and hypertension: treatment of hypertension during acute stroke and post-stroke. ***Prof Antonio COCA (Spain)***

11.45 – 13.00 – Discussion and practical questions with televote

13.00 – 13.45 – **Mesquita Bastos (PT) and Stephane Laurent** (France)
Final Conclusions

DAY 2 AFTERNOON

To be announced